



# YORKSHIRE & HUMBER TOGETHER EARLY YEARS STRONGER PRACTICE HUB



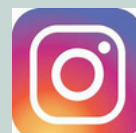
## MARCH NEWS 2026



We hope you have had a wonderful February. Here at the Yorkshire and Humber EYSPH we have had a very busy start to 2026 with lots of settings and schools making use of our CPD offer! We have lots of further exciting CPD opportunities planned which it would be great to see you at! We are also busy planning our offer from April onwards!

What's on?

Check the national Stronger Practice Hubs website for all the latest updates and useful resources



<https://www.strongerpracticehubs.org.uk/>

# Upcoming events - join us



## Communication and Language

These are online and face to face sessions focusing on supporting you with children's development in Communication and Language. You have told us that this is one of the highest areas of need for you in your settings. Join like minded people to learn, share and reflect! We are always welcoming new members to our groups.

### Speech and Language network

*This is a regular network with a different theme each month. Delivered by the Seaside SaLT team and includes Q&A*

*An Introduction to Gestalt Language Processing  
Tuesday 17th March*

*6.30-8pm*



Read Helen Harron's blog about supporting language 0-2

<https://www.strongerpractic ehubs.org.uk/hubs/yh/yh-tgh-eysph/resources/blog-supporting-children-under-2-communication-development>

**BOOK NOW**

natalie.sph@childhaven.n-yorks.sch.uk

### Interactive reading

Join Hannah Cooke Lead Practitioner of Acorns Nursery 2-year-old provision at Leavening Primary School for a face-to-face network where you will have the opportunity to find out more about Interactive reading, her provision and practice, and explore some research.

Free resource for attendees.

*Tuesday 10th March*

*4-5.30pm*

*Leavening Primary School*



### Supporting Language 0-2 years

*This set of 3 online webinars are now underway to unpick the specifics of supporting our very youngest children.*

*We look forward to receiving feedback from participants once completed.*





# Upcoming events - join us

## Special Educational Needs and Disabilities

These are online and face to face sessions focusing on helping you to support children with SEND. This is the number 1 area of need requested at the moment.

We are utilising the expertise of our partners at St Paul's Nursery School in York who are an Enhanced Resourced Provision for children with SEND. There are a mixture of networks and webinars planned and we will be responsive to your ongoing requests for support,

### SEND network

*This a regular network with a different theme each month. Delivered by Claire Rigden, Headteacher at St Paul's.*

*Our theme this month is  
Assessment for SEND Children  
Thursday 12<sup>th</sup> March  
4-5.30pm (online)*



### Open Setting Visits

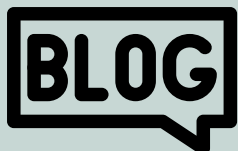
*Our recent St Paul's setting visit was successful and we are looking to arrange further dates for this offer soon. Watch this space!!!*



### Upcoming webinars

*Martin Cummings,  
SENCo at St Paul's*

*Restrictive diets  
Weds 4<sup>th</sup> March 4pm*



Coming soon - Shannon Ball, a Senior Advanced Teaching Assistant from Childhaven Nursery School writes about supporting children using a total communication approach. Look out for Shannon's blog on our social media and the SPH website.

**BOOK NOW**

[natalie.sph@childhaven.n-yorks.sch.uk](mailto:natalie.sph@childhaven.n-yorks.sch.uk)

# Upcoming events - join us

## Leadership

We understand the challenges of being an Early Years Leader at the moment. Our leadership sessions aim to support you in whatever leadership position you are in to support your setting to develop and improve in a culture of ongoing reflective practice.

### **\*\*NEW\*\* Leadership of 0-2 provision**

Charlotte Dunster-Page is a Clinical Psychologist and founding director of Born to Bond CIC. She has extensive experience in the NHS, including leading in a parent-infant relationship service. Charlotte offers training, consultation and supervision to health and education staff around infant mental health, baby sleep and perinatal mental health.

The foundation session is for 0-2 room leaders / managers

*Harrison Park, Hull*  
*Tuesday 10th March 9.30am*  
*-1.30pm*



**\*\*NEW\*\* Infant Mental Health in the baby room by Charlotte Dunster-Page**

[https://www.strongerpracticehubs.org.uk/sites/default/files/uploads/document/54/Infant%20Mental%20Health%20Jan%202026%20%281%29\\_0.pdf](https://www.strongerpracticehubs.org.uk/sites/default/files/uploads/document/54/Infant%20Mental%20Health%20Jan%202026%20%281%29_0.pdf)



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### Open Setting Visits

*Childhaven Nursery School*  
*Come and visit a working nursery school and find out how we monitor the quality of our provision and practice. using the SSTEWScales*

*FREE copy for all attendees*

*Thursday 19<sup>th</sup> March 1.30 - 3.30pm*

# Upcoming events - join us

## Childminders

We recognise the unique challenges that childminders face accessing high quality CPD. Our sessions consider timings carefully and also include sessions that your mindees can join you on!

### Childminder networks

\*\*\*\*\*NEW\*\*\*\*

*We have been busy planning some childminder networks that are all about **Interactive Reading**. Join Georgina Young of Young One's Childminding in these **ONLINE** sessions.*  
*Tuesday 10<sup>th</sup> March, 6.45-7.30pm*



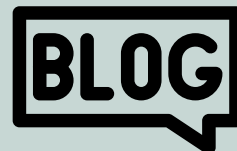
Childminder webinar series  
*Working with 0-2 year olds in a childminding setting?*  
*Join us for this 3 part series for childminders with Charlotte-Dunster Page*  
*Thursdays*  
*6.30pm (online)*  
*12<sup>th</sup>, 19<sup>th</sup> and 26<sup>th</sup> March*

### Childminder Setting Visit

*Monday 16<sup>th</sup> March, 10-11.30am*

*Kerry Nabozny of Little Birds Childcare and Forest School near Malton, is hosting a network for childminders and their children, where the focus will be on meaningful interactive reading linked to the outdoors.*

*Follow your curiosity and feel the magic of her early years setting brought to life in this rural spot.*



Georgina Young, writes about interactive reading in a childminding setting. Read here -  
<https://www.strongerpracticehubs.org.uk/sites/default/files/uploads/docuemnt/54/Interactive%20Reading%20Feb%202026.pdf>

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# Mathematics

## Mini Maths in March!

Join one of our Senior Lead Practitioners, Tracey Anderson to explore mathematics in an Early Years Context

3 mini webinars, each at 9.15 - 9.45am online to start your working day!



Wednesday 4<sup>th</sup> March

*Using loose parts to support early maths*

Wednesday 11<sup>th</sup> March

*Subitising and using 5 frames*

Wednesday 18<sup>th</sup> March

*Natural patterns in the environment*



\*\*\*NEW\*\*\*

# Bespoke training for Yorkshire & Humber Together SPH

## WHY EMOTION COACHING?

**Support children's emotional development with evidence-based training for your setting.**

For Early Years professionals and anyone working with children and young people. It supports children and young people to better understand and manage their emotions, building resilience, well-being, and stronger relationships.

## TRAINING

### 2-Day Online Core Training

- Outline of neuroscience behind self-regulation.
- Outline of the Emotion Coaching framework
- Practical exercises and skill development for supporting self-regulation.
- Early Years case studies to illustrate use in practice.
- Relevant links to the EYFS.

### x 2 follow on workshops

- Designed to revisit and deepen Emotion Coaching in practice Share experiences, challenges, and build community
- Additional co-regulation strategies provided
  -

## WHO IS THIS FOR?

- Suitable for all early years
- practitioners in all setting types  
Ideal for supporting children with
- emotional regulation and strengthening nurturing practices in
- your setting.

## DATES

2 days core training 9am - 330pm (ONLINE)

• **13th March 2026**

• **23<sup>rd</sup> March 2026**

• 2 follow up workshops 330-5pm (ONLINE)

• **20<sup>th</sup> April 2026**

• **5<sup>th</sup> May 2026**

## BOOK NOW.....

Please email to book

[natalie.sph@childhaven.n-yorks.sch.uk](mailto:natalie.sph@childhaven.n-yorks.sch.uk)

## EMOTION COACHING FAQs



SCAN ME

# New fully funded opportunity



## Maths Champions

Maths Champions is an online professional development programme with 12 months access developed by National Day Nurseries Association (NDNA).

The programme consists of nine steps which can be completed flexibly around your schedule.

The aim of the programme is to increase practitioner knowledge, awareness and confidence in supporting early mathematics in order to improve outcomes for children.

Participating nurseries will nominate a Maths Champion and Deputy Maths Champion who will lead the programme supporting and driving improvement.

Scan the QR code to express interest in this fabulous programme



Improve children's outcomes by three months through becoming a Maths Champion in your setting.

Express your interest here:

[www.bit.ly/YAHTeoi](http://www.bit.ly/YAHTeoi)



Yorkshire and Humber Together Early Years  
Stronger Practice Hub

 Maths Champions

