



YORKSHIRE & HUMBER TOGETHER EARLY YEARS STRONGER PRACTICE HUB



★ Happy New Year 2026

May this year bring new
happiness, new goals, new
achievements, and a lot
of new inspirations.

JANUARY NEWS 2026

We hope you have had a wonderful Christmas and we wish you a very Happy New Year. Here at the Yorkshire and Humber EYSPH we have lots of exciting CPD planned for the upcoming term



What's on?

Check the national Stronger Practice Hubs website for all the latest updates and useful resources



<https://www.strongerpracticehubs.org.uk/>

Upcoming events - join us

Communication and Language

These are online and face to face sessions focusing on supporting you with children's development in Communication and Language. You have told us that this is one of the highest areas of need for you in your settings. Join like minded people to learn, share and reflect! We are always welcoming new members to our groups.

Speech and Language network

This a regular network with a different theme each month. Delivered by the Seaside SaLT team and includes Q&A
Working with children with EAL

Tuesday 13th January
6.30-8pm



Read Helen Harron's blog about supporting language 0-2

<https://www.strongerpracticchubs.org.uk/hubs/yh/yh-tgh-eysph/resources/blog-supporting-children-under-2-communication-development>

BOOK NOW

natalie.sph@childhaven.n-yorks.sch.uk

Interactive reading

An exploration of how we can use core books to promote mathematical language.

FREE resources

Delivered by Dawn Kimber, our co hub lead

Weds 21st January

1.30-3pm OR 4-5.30pm

Childhaven Nursery School (face to face)

New locations being explored!



Supporting Language

0-2 years

A set of 3 online webinars to unpick the specifics of supporting our very youngest children.

January 27th 6-7.30pm

February 24th 6-7.30pm

March 24th 6-7.30pm



Upcoming events - join us

Communication and Language

Greg Bottrill is back by popular demand! We are offering Greg's Message Centre, Drawing Club and Story Dough training FREE of charge. Greg is the author of the bestselling 'Can I Go And Play Now?', 'School of the Magic of Children' and 'Love Letters To Play'. A passionate advocate of childhood and education done with children not to them, he is also the creator of Drawing Club, The Message Centre, Play Projects and Adventure Island. His work and thinking is deeply embedded in joy, adventure, marvel and play, four things that he believes are equally as important for adults.



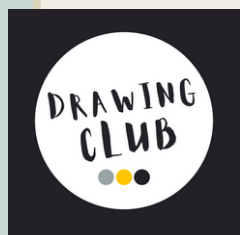
Drawing Club

The progress children can make through Drawing Club across all areas of child development is exceptional with the added bonus of confidence and joy, and it comes with lots of resources to get your adventure started.

Tuesday 24th February

4 - 5.30pm

online



BOOK NOW

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Message Centre

When messaging takes off, the phrase 'reluctant writers' goes out of the window! Children want to message – they love its simplicity and its warmth.

Monday 26th January

6.30 - 7.30pm

Online



Story dough

Story Dough! is an immersion into the magic world of story dreaming with small groups of children. Using the medium of playdough, Story Dough! tips children into landscape of nonsense, rhyme, language, delicious vocabulary, mark making, make-believe, mathematics and story. It is unlimited in where your adventure with Story Dough! can take you.

Wednesday 4th February

6.30 - 8pm online



Upcoming events - join us

Special Educational Needs and Disabilities

These are online and face to face sessions focusing on helping you to support children with SEND. This is the number 1 area of need requested at the moment.

We are utilising the expertise of our partners at St Paul's Nursery School in York who are an Enhanced Resourced Provision for children with SEND. There are a mixture of networks and webinars planned and we will be responsive to your ongoing requests for support,

SEND network

*This is a regular network with a different theme each month.
Delivered by Claire Rigden,
Headteacher at St Paul's.*

*Our theme is EHCP review
meetings*

*Weds 28th Jan
4-5.30pm (online)*



*Open Setting
Come and visit St
Paul's and see
specialist provision in
action.*

2nd February 2026

*Various slots
throughout the day
(face to face)*



Upcoming webinars

*Martin Cummings,
SENCo at St Paul's*

Toilet training

Tues 10th Feb 4pm

Restrictive diets

Weds 4th March 4pm



BLOG

Coming soon - Shannon Ball, a Senior Advanced Teaching Assistant from Childhaven Nursery School writes about supporting children using a total communication approach. Look out for Shannon's blog on our social media and the SPH website.

BOOK NOW

natalie.sph@childhaven.n-yorks.sch.uk

Upcoming events - join us

Leadership

We understand the challenges of being an Early Years Leader at the moment. Our leadership sessions aim to support you in whatever leadership position you are in to support your setting to develop and improve in a culture of ongoing reflective practice.

****NEW** Leadership of 0-2 provision**

Charlotte Dunster-Page is a Clinical Psychologist and founding director of Born to Bond CIC. She has extensive experience in the NHS, including leading in a parent-infant relationship service.

Charlotte offers training, consultation and supervision to health and education staff around infant mental health, baby sleep and perinatal mental health.

The foundation session is for 0-2 room leaders / managers

Scarborough Rugby Club

Thursday 5th February 930-130pm

Harrison Park, Hull

Tuesday 10th March 930 - 130pm

Sessions TBC in the York area soon!

Ofsted webinar

"Don't panic it's Ofsted"

Ofsted are joining us to deliver an online webinar on being inspected under the new framework

Thursday 12th

February 6.30pm



Nurturing Minds part 1 -

Kathryn Firth, Headteacher at Childhaven Nursery School writes about nurturing our Early Years Practitioners.

Read it here

<https://www.strongerpracticehubs.org.uk/sites/default/files/uploads/docuemnt/54/Part%201%20Nurturing%20Minds%20Oct%202025.pdf>



BOOK NOW

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Following Charlotte's session there will also be a series of 0-2 webinars and also some 0-2 networks for this specialist area. Locations will be Scarborough, York and Hull. If you have an amazing 0-2 room please get in touch - we would love to hear from you!

Upcoming events - join us

Childminders

We recognise the unique challenges that childminders face accessing high quality CPD. Our sessions consider timings carefully and also include sessions that your mindees can join you on!

Childminder networks

*****NEW*****

We are busy planning some childminder networks that are all about interactive reading. We will have details on new locations and more networks very soon!

Childminder webinar

Safeguarding - what it means for childminders

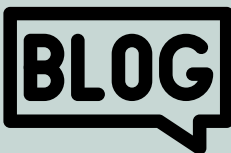
A session led by Claire Summerson, our childminder partner where she will share her own experiences of the safeguarding legislation

*Thursday 15th January
6.30pm (online)*



Upcoming Childminder webinars

*March (date tbc)
Preparing for Ofsted
using the new framework
as a Childminder*



Coming soon!

Claire Summerson, writes about collaborative talk in a childminding setting. Look out for Claire's blog on our social media and the SPH website.

BOOK NOW

New fully funded opportunity



Maths Champions

Maths Champions is an online professional development programme with 12 months access developed by National Day Nurseries Association (NDNA).

The programme consists of nine steps which can be completed flexibly around your schedule.

The aim of the programme is to increase practitioner knowledge, awareness and confidence in supporting early mathematics in order to improve outcomes for children.

Participating nurseries will nominate a Maths Champion and Deputy Maths Champion who will lead the programme supporting and driving improvement.

Scan the QR code to express interest in this fabulous programme



Improve children's outcomes by three months through becoming a Maths Champion in your setting.

Express your interest here:

www.bit.ly/YAHTeoi



Yorkshire and Humber Together Early Years
Stronger Practice Hub



*****NEW*****

Bespoke training for Yorkshire & Humber Together SPH

WHY EMOTION COACHING?

**Support children's emotional development
with evidence-based training for your
setting.**

For Early Years professionals and anyone
working with children and young people.
It supports children and young people to
better understand and manage their
emotions, building resilience, well-being,
and stronger relationships.

TRAINING

2-Day Online Core Training

- Outline of neuroscience behind self-regulation.
- Outline of the Emotion Coaching framework
- Practical exercises and skill development for supporting self-regulation.
- Early Years case studies to illustrate use in practice.
- Relevant links to the EYFS.

x 2 follow on workshops

Designed to revisit and deepen Emotion

- Coaching in practice Share experiences, challenges, and build community
- Additional co-regulation strategies provided
-

WHO IS THIS FOR?

- Suitable for all early years
- practitioners in all setting types
Ideal for supporting children with
- emotional regulation and
strengthening nurturing practices in
- your setting.

DATES

2 days core training 9am - 330pm
(ONLINE)

• **13th March 2026**

• **23rd March 2026**

• 2 follow up workshops 330-5pm
(ONLINE)

• **20th April 2026**

• **5th May 2026**

BOOK NOW.....

Please email to book

natalie.sph@childhaven.n-yorks.sch.uk

EMOTION COACHING FAQs



SCAN ME