



YORKSHIRE & HUMBER TOGETHER EARLY YEARS STRONGER PRACTICE HUB



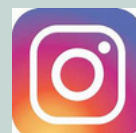
FEBRUARY NEWS 2026



We hope you have had a wonderful start to 2026. Here at the Yorkshire and Humber EYSPH we have had a very busy January with lots of settings and schools making use of our CPD offer! We have lots of further exciting CPD opportunities planned for the upcoming term which it would be great to see you at!

What's on?

Check the national Stronger Practice Hubs website for all the latest updates and useful resources



<https://www.strongerpracticehubs.org.uk/>

Upcoming events - join us



Communication and Language

These are online and face to face sessions focusing on supporting you with children's development in Communication and Language. You have told us that this is one of the highest areas of need for you in your settings. Join like minded people to learn, share and reflect! We are always welcoming new members to our groups.

Speech and Language network

This is a regular network with a different theme each month. Delivered by the Seaside SaLT team and includes Q&A
Selective Mutism
Tuesday 10th February

6.30-8pm



Interactive reading

Thank you to those that attended our recent sessions. Feedback forms will be sent out soon - please look out for these to enable us to plan our next sessions to best meet your needs!



Supporting Language 0-2 years

This set of 3 online webinars are now underway to unpick the specifics of supporting our very youngest children.



We look forward to receiving feedback from participants once completed.

BOOK NOW

natalie.sph@childhaven.n-yorks.sch.uk



Read Helen Harron's blog about supporting language 0-2

<https://www.strongerpractic ehubs.org.uk/hubs/yh/yh-tgh-eysph/resources/blog-supporting-children-under-2-communication-development>



Upcoming events - join us



Communication and Language

Greg Bottrill is back by popular demand! We are offering Greg's Message Centre, Drawing Club and Story Dough training FREE of charge. Greg is the author of the bestselling 'Can I Go And Play Now?', 'School of the Magic of Children' and 'Love Letters To Play'. A passionate advocate of childhood and education done with children not to them, he is also the creator of Drawing Club, The Message Centre, Play Projects and Adventure Island. His work and thinking is deeply embedded in joy, adventure, marvel and play, four things that he believes are equally as important for adults.

Drawing Club

The progress children can make through Drawing Club across all areas of child development is exceptional with the added bonus of confidence and joy, and it comes with lots of resources to get your adventure started.

Tuesday 24th February
4 - 5.30pm
online



Story dough

Story Dough! is an immersion into the magic world of story dreaming with small groups of children. Using the medium of playdough, Story Dough! tips children into landscape of nonsense, rhyme, language, delicious vocabulary, mark making, make-believe, mathematics and story. It is unlimited in where your adventure with Story Dough! can take you.

Wednesday 4th February
6.30 - 8 pm online



BOOK NOW

natalie.sph@childhaven.n-yorks.sch.uk

Upcoming events - join us

Special Educational Needs and Disabilities

These are online and face to face sessions focusing on helping you to support children with SEND. This is the number 1 area of need requested at the moment.

We are utilising the expertise of our partners at St Paul's Nursery School in York who are an Enhanced Resourced Provision for children with SEND. There are a mixture of networks and webinars planned and we will be responsive to your ongoing requests for support,

SEND network

This a regular network with a different theme each month. Delivered by Claire Rigden, Headteacher at St Paul's.

*Our theme this month is
 Assessment for SEND Children
 Thursday 12th March
 4-5.30pm (online)*



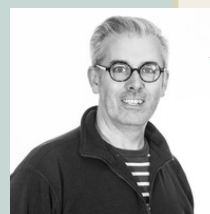
Open Setting Visits

Our recent St Paul's setting visit was successful and we are looking to arrange further dates for this offer soon. Watch this space!!!



Upcoming webinars

*Martin Cummings,
 SENCo at St Paul's
 Toilet training
 Tues 10th Feb 4pm
 Restrictive diets
 Weds 4th March 4pm*



Coming soon - Shannon Ball, a Senior Advanced Teaching Assistant from Childhaven Nursery School writes about supporting children using a total communication approach. Look out for Shannon's blog on our social media and the SPH website.

BOOK NOW

natalie.sph@childhaven.n-yorks.sch.uk

Upcoming events - join us

Leadership

We understand the challenges of being an Early Years Leader at the moment. Our leadership sessions aim to support you in whatever leadership position you are in to support your setting to develop and improve in a culture of ongoing reflective practice.

****NEW** Leadership of 0-2 provision**

Charlotte Dunster-Page is a Clinical Psychologist and founding director of Born to Bond CIC. She has extensive experience in the NHS, including leading in a parent-infant relationship service. Charlotte offers training, consultation and supervision to health and education staff around infant mental health, baby sleep and perinatal mental health.

The foundation session is for 0-2 room leaders / managers

Scarborough Rugby Club

Thursday 5th February 9.30-1.30pm

Priory Street Centre, York

Monday 23rd February 9.30-1.30pm

Harrison Park, Hull

Tuesday 10th March 9.30 -1.30pm



Ofsted webinar

"Don't panic it's Ofsted"

Ofsted are joining us to deliver an online webinar on being inspected under the new framework

Thursday 12th

February 6.30pm



****NEW**** Infant Mental Health in the baby room by Charlotte Dunster-Page

https://www.strongerpracticehubs.org.uk/sites/default/files/uploads/document/54/Infant%20Mental%20Health%20Jan%202026%20%281%29_0.pdf



BOOK NOW

Open Setting Visits
Childhaven Nursery School
Come and visit a working nursery school and find out how we monitor the quality of our provision and practice. using the SSTEWScales

FREE copy for all attendees

Thursday 19th March 1.30 - 3.30pm

natalie.sph@childhaven.n-yorks.sch.uk

Upcoming events - join us

Childminders

We recognise the unique challenges that childminders face accessing high quality CPD. Our sessions consider timings carefully and also include sessions that your mindees can join you on!

Childminder networks

*****NEW****

*We have been busy planning some childminder networks that are all about **Interactive Reading**. Join Georgina Young of Young One's Childminding in these **ONLINE** sessions.*

Tuesday 25th February, 6.45-7.30pm

Tuesday 10th March, 6.45-7.30pm



Childminder webinar series
Working with 0-2 year olds in a childminding setting?
Join us for this 3 part series for childminders with
Charlotte-Dunster Page
Thursdays
6.30pm (online)
12th, 19th and 26th March



Childminder webinar

Tuesday 3rd March,
6.30pm

Preparing for Ofsted using the new framework as a Childminder - led by Claire Summerson



Coming soon!

Claire Summerson, writes about collaborative talk in a childminding setting. Look out for Claire's blog on our social media and the SPH website.



BOOK NOW

natalie.sph@childhaven.n-yorks.sch.uk



Mathematics

Mini Maths in March!

Join one of our Senior Lead Practitioners, Tracey Anderson to explore mathematics in an Early Years Context

3 mini webinars, each at 9.15 - 9.45am online to start your working day!



Wednesday 4th March

Using loose parts to support early maths

Wednesday 11th March

Subitising and using 5 frames

Wednesday 18th March

Natural patterns in the environment



NEW

Bespoke training for Yorkshire & Humber Together SPH

WHY EMOTION COACHING?

Support children's emotional development with evidence-based training for your setting.

For Early Years professionals and anyone working with children and young people. It supports children and young people to better understand and manage their emotions, building resilience, well-being, and stronger relationships.

TRAINING

2-Day Online Core Training

- Outline of neuroscience behind self-regulation.
- Outline of the Emotion Coaching framework
- Practical exercises and skill development for supporting self-regulation.
- Early Years case studies to illustrate use in practice.
- Relevant links to the EYFS.

x 2 follow on workshops

- Designed to revisit and deepen Emotion Coaching in practice Share experiences, challenges, and build community
- Additional co-regulation strategies provided
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WHO IS THIS FOR?

- Suitable for all early years
- practitioners in all setting types
Ideal for supporting children with
- emotional regulation and strengthening nurturing practices in
- your setting.

DATES

2 days core training 9am - 330pm
(ONLINE)

• **13th March 2026**

• **23rd March 2026**

• 2 follow up workshops 330-5pm
(ONLINE)

• **20th April 2026**

• **5th May 2026**

BOOK NOW.....

Please email to book

natalie.sph@childhaven.n-yorks.sch.uk

EMOTION COACHING FAQs



SCAN ME

New fully funded opportunity



Maths Champions

Maths Champions is an online professional development programme with 12 months access developed by National Day Nurseries Association (NDNA).

The programme consists of nine steps which can be completed flexibly around your schedule.

The aim of the programme is to increase practitioner knowledge, awareness and confidence in supporting early mathematics in order to improve outcomes for children.

Participating nurseries will nominate a Maths Champion and Deputy Maths Champion who will lead the programme supporting and driving improvement.

Scan the QR code to express interest in this fabulous programme



Improve children's outcomes by three months through becoming a Maths Champion in your setting.

Express your interest here:

www.bit.ly/YAHTeoi



Yorkshire and Humber Together Early Years
Stronger Practice Hub

 Maths Champions

