



YORKSHIRE & HUMBER TOGETHER EARLY YEARS STRONGER PRACTICE HUB



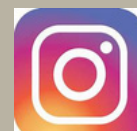
DECEMBER NEWS 2025

WISHING EVERYONE A VERY MERRY CHRISTMAS
FROM ALL OF US HERE AT YORKSHIRE AND
HUMBER TOGETHER EYSPH



What's on?

Check the national Stronger Practice Hubs website for all the latest updates and useful resources



<https://www.strongerpracticehubs.org.uk/>

Upcoming events - join us

Communication and Language

These are online and face to face sessions focusing on supporting you with children's development in Communication and Language. You have told us that this is one of the highest areas of need for you in your settings. Join like minded people to learn, share and reflect! We are always welcoming new members to our groups.

Speech and Language network

This is a regular network with a different theme each month. Delivered by the Seaside SaLT team and includes Q&A



*Tuesday 11th January
630-8pm*



Read Helen Harron's blog about supporting language 0-2

<https://www.strongerpracticchubs.org.uk/hubs/yh/yh-tgh-eysph/resources/blog-supporting-children-under-2-communication-development>

BOOK NOW

natalie.sph@childhaven.n-yorks.sch.uk

Interactive reading

An exploration of how we can use core books to promote mathematical language.

FREE resources

Delivered by Dawn Kimber, our co hub lead



Weds 21st January

130-3pm OR 4-530pm

Childhaven Nursery School (face to face)

New locations being explored!

Supporting Language

0-2 years

A set of 3 online webinars to unpick the specifics of supporting our very youngest children.

January 27th 6-730pm

February 24th 6-730pm

March 24th 6-730pm



Upcoming events - join us

Special Educational Needs and Disabilities

These are online and face to face sessions focusing on helping you to support children with SEND. This is the number 1 area of need requested at the moment.

We are utilising the expertise of our partners at St Paul's Nursery School in York who are an Enhanced Resourced Provision for children with SEND. There are a mixture of networks and webinars planned and we will be responsive to your ongoing requests for support,

SEND network

This is a regular network with a different theme each month. Delivered by Claire Rigden, Headteacher at St Paul's.

*Weds 28th Jan
4-530pm (online)*



Open Setting

Come and visit St Paul's and see specialist provision in action.

2nd February 2026

*Various slots
throughout the day
(face to face)*



Upcoming webinars

*Martin Cummings,
SENCo at St Paul's
dates and times tbc*

*toilet training
restrictive diets*



Coming soon - Shannon Ball, a Senior Advanced Teaching Assistant from Childhaven Nursery School writes about supporting children using a total communication approach. Look out for Shannon's blog on our social media and the SPH website.

BOOK NOW

natalie.sph@childhaven.n-yorks.sch.uk

Upcoming events - join us

Leadership

We understand the challenges of being an Early Years Leader at the moment. Our leadership sessions aim to support you in whatever leadership position you are in to support your setting to develop and improve in a culture of ongoing reflective practice.

****NEW**** Leadership of 0-2 provision

Charlotte Dunster-Page is a Clinical Psychologist and founding director of Born to Bond CIC. She has extensive experience in the NHS, including leading in a parent-infant relationship service. Charlotte offers training, consultation and supervision to health and education staff around infant mental health, baby sleep and perinatal mental health.

The foundation session is for 0-2 room leaders / managers

Scarborough Rugby Club

Thursday 5th February 930-130pm

Sessions coming in York and Hull

Leadership accreditation

Group 1 - January buddy meetings (dates to follow)

Module 1 focus - Discovering the tools of momentum, clarity and also understand what makes a successful leader.



BLOG

Nurturing Minds part 1 -

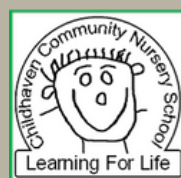
Kathryn Firth, Headteacher at Childhaven Nursery School writes about nurturing our Early Years Practitioners.

Read it here

<https://www.strongerpracticehubs.org.uk/sites/default/files/uploads/docuemnt/54/Part%201%20Nurturing%20Minds%20Oct%202025.pdf>

Following Charlotte's session there will also be a series of 0-2 webinars and also some 0-2 networks for this specialist area. Locations (tbc) will be Scarborough,

York and Hull. If you have an amazing 0-2 room please get in touch -we would love to hear from you!



BOOK NOW

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Upcoming events - join us

Childminders

We recognise the unique challenges that childminders face accessing high quality CPD > Our sessions consider timings carefully and also include sessions that your mindees can join you on!

Childminder networks

*****NEW*****

We are busy planning some childminder networks that are all about interactive reading. We will have new locations and more networks

Childminder webinar

Safeguarding - what it means for childminders

A session led by Claire Summerson, our childminder partner where she will share her own experiences of the safeguarding legislation

*Thursday 15th January
630pm (online)*



Upcoming Childminder webinars

*March (date tbc)
Preparing for Ofsted
using the new framework
as a Childminder*



Coming soon!

Claire Summerson, writes about collaborative talk in a childminding setting. Look out for Claire's blog on our social media and the SPH website.

BOOK NOW

New fully funded opportunity



Maths Champions

Maths Champions is an online professional development programme with 12 months access developed by National Day Nurseries Association (NDNA).

The programme consists of nine steps which can be completed flexibly around your schedule.

The aim of the programme is to increase practitioner knowledge, awareness and confidence in supporting early mathematics in order to improve outcomes for children.

Participating nurseries will nominate a Maths Champion and Deputy Maths Champion who will lead the programme supporting and driving improvement.

Scan the QR code to express interest in this fabulous programme



Improve children's outcomes by three months through becoming a Maths Champion in your setting.

Express your interest here:

www.bit.ly/YAHTeoi



Yorkshire and Humber Together Early Years
Stronger Practice Hub



*****NEW*****

Bespoke training for Yorkshire & Humber Together SPH

WHY EMOTION COACHING?

Support children's emotional development with evidence-based training for your setting.

For Early Years professionals and anyone working with children and young people. It supports children and young people to better understand and manage their emotions, building resilience, well-being, and stronger relationships.

TRAINING

2-Day Online Core Training

- Outline of neuroscience behind self-regulation.
- Outline of the Emotion Coaching framework
- Practical exercises and skill development for supporting self-regulation.
- Early Years case studies to illustrate use in practice.
- Relevant links to the EYFS.

x 2 follow on workshops

- Designed to revisit and deepen Emotion
- Coaching in practice Share experiences, challenges, and build community
 - Additional co-regulation strategies provided
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WHO IS THIS FOR?

- Suitable for all early years
- practitioners in all setting types
Ideal for supporting children with
- emotional regulation and strengthening nurturing practices in
- your setting.

DATES

2 days core training 9am - 330pm
(ONLINE)

- 13th March 2026
- 23rd March 2026
- 2 follow up workshops 330-5pm
(ONLINE)
- 20th April 2026
- 5th May 2026

BOOK NOW.....

Please email to book

natalie.sph@childhaven.n-yorks.sch.uk

EMOTION COACHING FAQs



SCAN ME