



Join our Webinar series....

Supporting Attention and Regulation in the Early Years

We are so excited to invite you to join us for the first two webinars in a series which we are presenting in collaboration with the East Midlands SPH at Pen Green. These two insightful sessions will be led by Professor Sam Wass, Early Years specialist. These sessions will explore how children's attention and arousal develop, and how practitioners can respond in supportive, meaningful ways.

Session 1: There the Dance Is: Supporting Children's Attention Through Co-Regulation

Children's attention is constantly shifting and influenced by the adults around them. This webinar explores how practitioners can recognise when a child is ready to engage, when they are drifting, and how to support them effectively. It looks at attention as a shared, dynamic process, with adults adapting their voice, pace and level of involvement. The session also includes examples of over- and under-responsiveness, atypical development, and practical ways to support sustained engagement.

Session 2: There the Dance Is: Reading and Regulating Children's Arousal States

Children move through a range of arousal states each day, from low energy to calm alertness to high agitation or distress. This webinar explores how practitioners can recognise these shifts and adjust their response to support children in returning to a settled, ready-to-learn state. It focuses on co-regulation as a shared process, where adults adapt their voice, movement, timing and proximity to the child. The session also considers over- and under-responsiveness, atypical development, and how adults can work together to support regulation effectively.



[**Click Here**](#)

Your
SPEAKER



Professor Sam Wass
Facilitator



Online Webinars
via MS Teams



S1: Tues 9TH June
S2: Tues 16th June
12.30pm-2.30pm



Childminders, School based
Nurseries & PVI's